

### Written Summary of Restraint Use

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Date of Restraint: \_\_\_\_\_ Time Begin: \_\_\_\_\_ Time Ended: \_\_\_\_\_

Nature of Restraint: (describe type of physical restraint used): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Location of Restraint: \_\_\_\_\_

Name(s) of staff member(s) administering restraint: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Description of activity in which student engaged immediately preceding the use of restraint: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Student's behavior that prompted the restraint:

- Imminent serious physical harm to themselves
- Imminent serious physical harm to others
- Imminent serious physical harm to themselves and others

Efforts made to de-escalate the situations:

- Provided choices
- Verbal redirection
- Calming techniques
- Reduced demands
- Reduced verbal interaction
- Other: \_\_\_\_\_

Alternatives to restraint that were attempted:

- Removal of other students
- Request for assistance
- Voluntary removal of student to another location
- Other: \_\_\_\_\_

Observation of student at end of the restraint: \_\_\_\_\_

\_\_\_\_\_

A description of any injuries or physical damage that occurred during the incident; how the child was monitored during and after the incident.

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The debriefing that took place with staff following the incident.

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The extent to which staff adhered to procedural implementation guidelines; and follow-up that will occur to review or develop the BIP.

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Parents were informed on \_\_\_\_\_ at \_\_\_\_\_ a.m./p.m. by \_\_\_\_\_

Comments: \_\_\_\_\_

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Team Signatures:

\_\_\_\_\_ Team Leader  
\_\_\_\_\_ Auxiliary Team Member  
\_\_\_\_\_ Auxiliary Team Member  
\_\_\_\_\_ Observer